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# Personal, Marriage, Family Questionnaire

*(Please fill out the questions below. Your answers may be as short or as lengthy as you would desire them to be. The goal of this questionnaire is to help individuals reflect on their spiritual life as well as helping the counselor become aware of the current spiritual dimensions involved in those they are ministering to.)*

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Name:

Date:

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## Spiritual Life

1. Describe your current relationship with the Lord?

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2. What areas affect your ability to maintain the strength of this relationship?

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3. What do you find most challenging about being a Christian?

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4. What do you find most satisfying about your relationship with God?

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5. Describe the importance other Christians play in your walk with the Lord?

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6. What circumstances cause you to become discouraged?

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7. How do you respond when things are not going well in your spiritual walk? (Ex. I get depressed, angry, worried, fearful, isolate, bitter, short with people, etc.)

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**8. How is your relationship with others strained when you are struggling spiritually?**

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**9. List 2 areas in your Christian life that you believe need the most work? Since recognizing these areas, how have you sought to change them?**

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**10. List 2 areas in your Christian life where you are finding success? Why do you believe you are finding success in these areas?**

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### Marriage

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**1. Describe the spiritual atmosphere of your marriage?**

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**2. What do you do to strengthen this area of your marriage?**

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**3. In what ways does your spouse help you stay accountable to grow spiritually?**

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**4. Describe how you resolve sinful conflicts in your marriage? (Do you tend to clam up, blow up, or something else)**

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**5. List 2 areas you need to work on in your marriage that would bring honor to the Lord?**

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**6. Where have you grown the most since you were first married?**

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**7. List 1 unrealistic expectation you had about marriage?**

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**8. Did your marriage change when you had children? How?**

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**9. How do finances bring stress into your marriage?**

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**10. Does discussing the topic of intimacy in your marriage result in conflict? Yes or No**

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### Family

**1. Describe the relationships you had with you Mother and Father?**

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**2. Describe yourself as a parent? (Ex. Passive, Disciplinarian, etc)**

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**3. What is your biggest desire for your child/children?**

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**4. Describe how you intend to influence the heart of your children?**

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**5. What parenting challenges are you currently facing in your home?**

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**6. What fears do you have in raising your children?**

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