



Biblical Counseling  
**ALLIANCE**

Name:	
Date:	

# SPIRITUALITY ASSESSMENT

*(This assessment assumes that no one is perfect, but seeks to understand the health of an individual's present relationship with Christ.)*

	Disagree								Agree	
	1	2	3	4	5	6	7	8	9	10
I believe my salvation is secure.	1	2	3	4	5	6	7	8	9	10
My relationship with the Lord is healthy.	1	2	3	4	5	6	7	8	9	10
I go to the Scripture to find direction and hope.	1	2	3	4	5	6	7	8	9	10
I pray regularly.	1	2	3	4	5	6	7	8	9	10
I attend my local church regularly	1	2	3	4	5	6	7	8	9	10
I use my talents to serve others in my local church.	1	2	3	4	5	6	7	8	9	10
I have strong spiritual relationships with other Christians	1	2	3	4	5	6	7	8	9	10
I confess my sins to God regularly.	1	2	3	4	5	6	7	8	9	10
When I wrong others I am quick to seek reconciliation.	1	2	3	4	5	6	7	8	9	10
I am satisfied with Christ and find joy in Him.	1	2	3	4	5	6	7	8	9	10
God takes first place in my life.	1	2	3	4	5	6	7	8	9	10
I take time to read scripture regularly and reflect on its truth.	1	2	3	4	5	6	7	8	9	10
I memorize scripture.	1	2	3	4	5	6	7	8	9	10
My decisions reflect that God is first in my life.	1	2	3	4	5	6	7	8	9	10
I am honest before God and others.	1	2	3	4	5	6	7	8	9	10
Generally, my public and private life are the same.	1	2	3	4	5	6	7	8	9	10
I allow fellow Christians to hold me accountable.	1	2	3	4	5	6	7	8	9	10