



Name:	
Date:	

# GENERAL MARRIAGE ASSESSMENT

	Never										Always										
<b>Spiritual Oneness:</b>																					
We read the Bible together.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
We pray together.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I pray for my spouse.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
Our relationship is God focused.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I seek to be an example of Christ in my marriage.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
We regularly assess each other's spiritual walk.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
We have spiritual goals for our relationship.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
Pleasing God is more important than pleasing my spouse.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
<b>Relational Oneness:</b>																					
We are willing to forgive each other.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
We hold grudges against each other.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I am bitter towards my spouse.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
It takes me more than 3 hours to seek restoration.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I have biblical expectations for my spouse.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I demonstrate biblical love for my spouse.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
We are willing to be honest with each other.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
We are transparent with each other.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
Communicating about differences of opinion often results in an argument.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I trust my spouse.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
My spouse is selfless.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	
I am selfless.	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	

<b>I am physically abusive.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse is physically abusive.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>I am verbally abusive.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse is verbally abusive.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Physical Oneness:</b>										
<b>I am selfless about intimacy.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse is selfless about intimacy.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>We are in agreement about the frequency of intimacy.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse is faithful to our relationship.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>I am faithful to our relationship.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse asks me to do sexual things that make me uncomfortable.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>I understand God's design for intimacy.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>We fight about intimacy.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My past sexual life affects our intimacy.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>I have been sexually assaulted in the past. (if applicable)</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Financial Oneness:</b>										
<b>We are financially in debt.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>We have frequent arguments over money.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse and I agree about where to spend our money.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse spends excessively.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>My spouse and I live by a budget.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Giving to our local church is a priority.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>We give in proportion to how God has blessed us.</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>